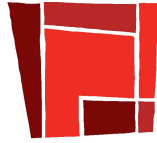


ARIZONA DEPARTMENT
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'Release from Isolation' Guidance

Recommendations for discontinuation of transmission-based precautions and home isolation, based upon a person's symptoms and clinical testing are below. The most recent updates to this document can be found [here](#).

- If a person is **symptomatic*** and awaiting COVID-19 test results:
 - Stay home away from others or under isolation precautions until results are available. If results are delayed, follow guidance for symptomatic and tested positive for COVID-19. Once results are available, follow the recommendations below based on results.
- If a person is **symptomatic*** and tested positive for COVID-19 by PCR, antigen testing, or serology**:
 - Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND
 - Other symptoms have improved; AND
 - At least 10 days have passed since symptoms first appeared.
- If a person is **symptomatic*** and tested negative for COVID-19 by PCR, antigen testing, or serology**:
 - Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND
 - Other symptoms have improved.
- If a person is **symptomatic*** and has not been tested for COVID-19 by PCR, antigen testing, or serology**:
 - Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND
 - Other symptoms have improved; AND
 - At least 10 days have passed since symptoms first appeared.
- If a person is **asymptomatic** and awaiting COVID-19 test results:
 - No isolation is required while waiting for test results. Take everyday precautions to prevent the spread of COVID-19. Once results are available, follow recommendations based on results.
- If a person is **asymptomatic** and tested positive for COVID-19 by PCR or antigen testing (even if person met time and symptom-based strategy for release from isolation after being symptomatic and tested positive for COVID-19):



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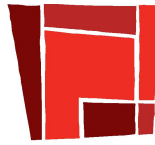
- Stay home away from others or under isolation precautions until 10 days have passed since specimen collection of the first positive COVID-19 PCR/antigen testing while asymptomatic. If symptoms develop, follow guidance for symptomatic and tested positive for COVID-19.
 - If a person is **asymptomatic** and tested positive for COVID-19 by serology:
 - No isolation is required since there is a low likelihood of active infection. Take everyday precautions to prevent the spread of COVID-19.
 - If a person is **asymptomatic** and tested negative for COVID-19 by PCR, antigen testing, or serology:
 - No isolation is required. Take everyday precautions to prevent the spread of COVID-19.
 - If a person has other non-compatible symptoms and has not been tested for COVID-19:
 - Stay home away from others or under isolation precautions until you have had no fever for at least 24 hours without the use of medicine that reduces fevers; AND
 - Other symptoms have improved.
-

* People with these symptoms may have COVID-19:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. Public Health will [continue to update](#) this list as we learn more about COVID-19.

** If a person is tested by PCR/antigen testing **and** serology while they are symptomatic, use PCR/antigen test results to determine isolation.



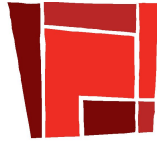
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Recommendations after Receiving Test Results

	Symptomatic		Asymptomatic	
	Positive	Negative	Positive	Negative
PCR/antigen testing	Isolation*	Isolation**	Isolation*	No isolation
Serology (without PCR/antigen testing)	Isolation*	Isolation**	No isolation	No isolation
Serology positive with PCR/antigen testing	Isolation*	Isolation**	Isolation*	No isolation

* Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND other symptoms have improved; AND at least 10 days have passed since symptoms first appeared.

**Stay home away from others or under isolation precautions until you have had no fever for at least 3 days (72 hours) without the use of medicine that reduces fevers; AND other symptoms have improved.



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Recent Updates to Guidance

Changes were made to add antigen testing, serial testing of asymptomatic individuals, and updates to serologic testing of asymptomatic individuals:

- If a person is asymptomatic and tested positive for COVID-19 by PCR or antigen testing (even if person met time and symptom-based strategy for release from isolation after being symptomatic and tested positive for COVID-19):
 - Stay home away from others or under isolation precautions until 10 days have passed since specimen collection of the first positive COVID-19 PCR/antigen testing while asymptomatic.
 - If symptoms develop, follow guidance for symptomatic and tested positive for COVID-19.
- If a person is asymptomatic and tested positive for COVID-19 by serology:
 - No isolation is required since there is a low likelihood of active infection.
 - Take everyday precautions to prevent the spread of COVID-19.